

The Kids' Guide to the Dentist!

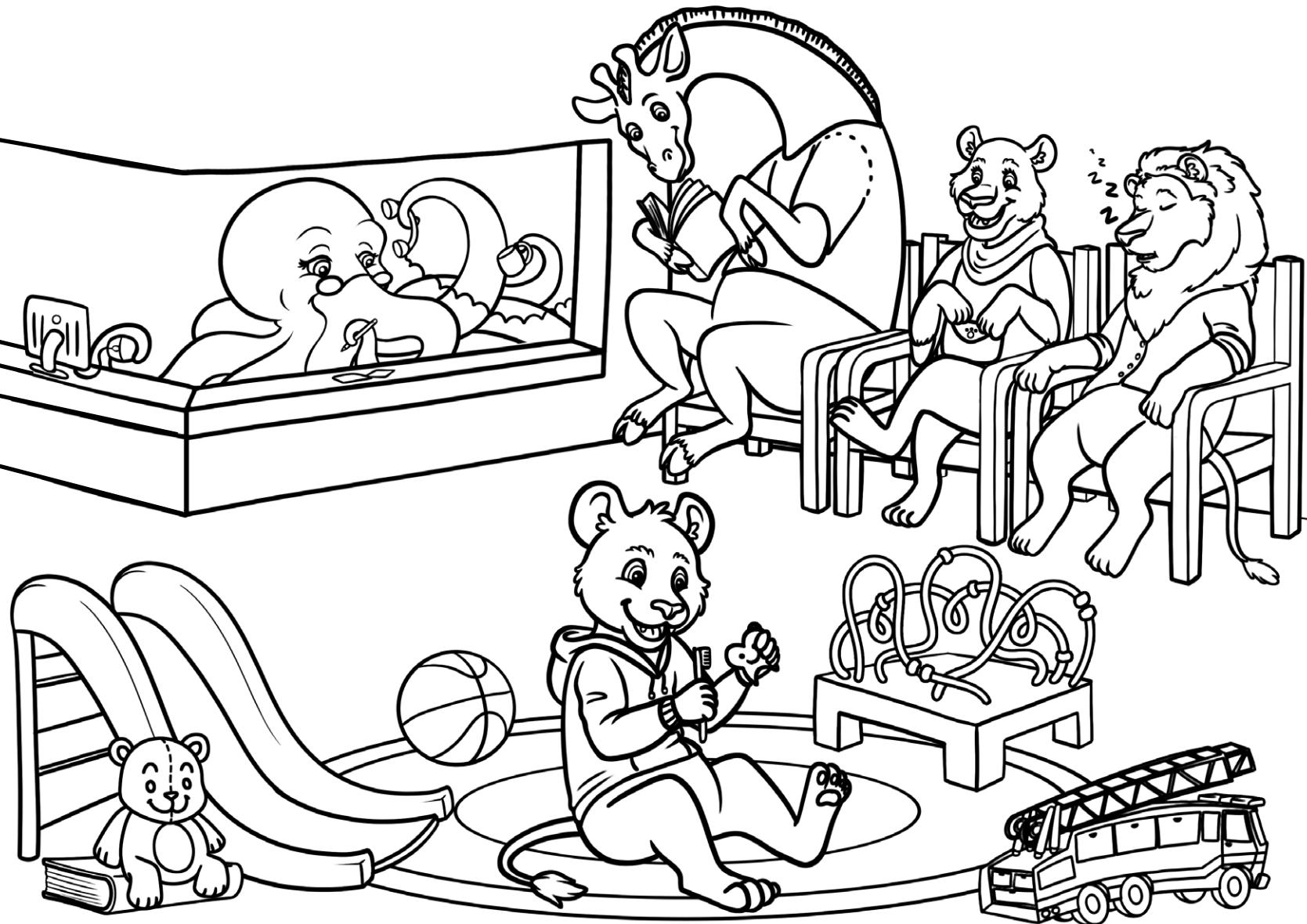
Visiting Dr. Bear's Office



*Story and Illustration by:
Imagination Design Studios*

**My family is going to the dentist today.
Mom says clean teeth are happy teeth,
and happy teeth help us smile!**



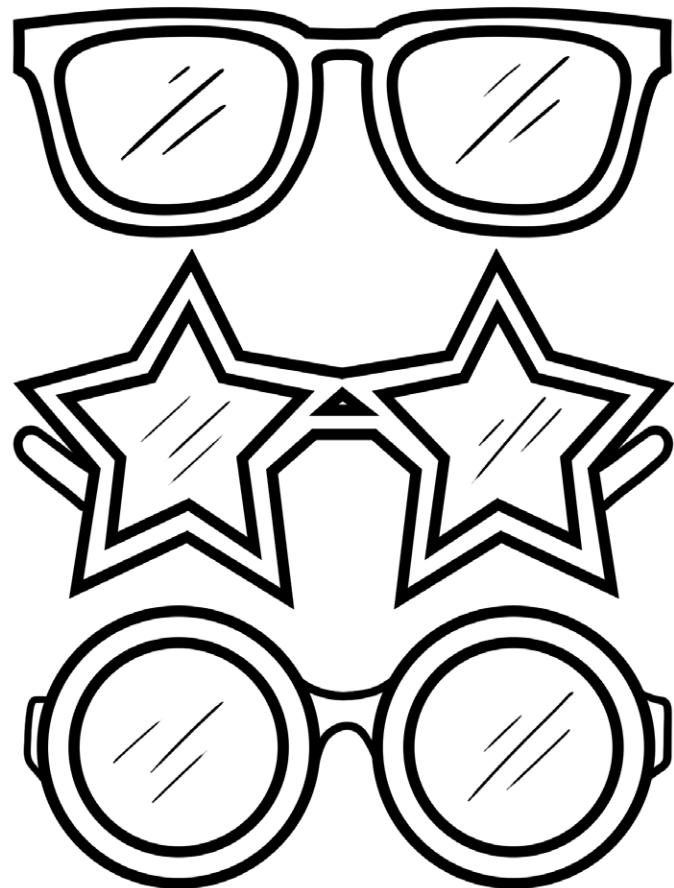


**There are lots of cool toys to play with
and fun books to read while I wait to see Dr. Bear.**



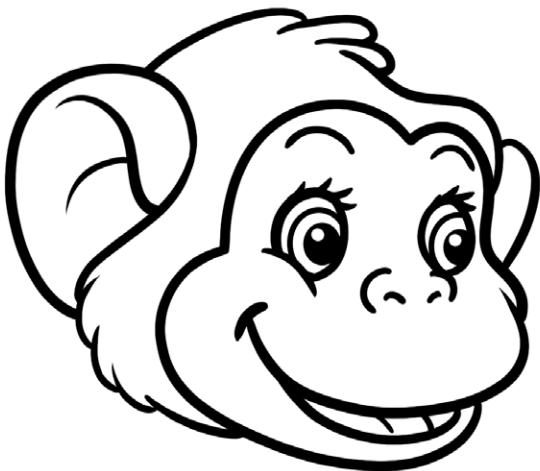
Now, it's my turn! The nice hygienist leads me into a room with a big lamp to see my teeth better and a chair that goes up and down. 3

**The hygienist gives me a cool pair of sunglasses
because the light from the lamp is really bright.**

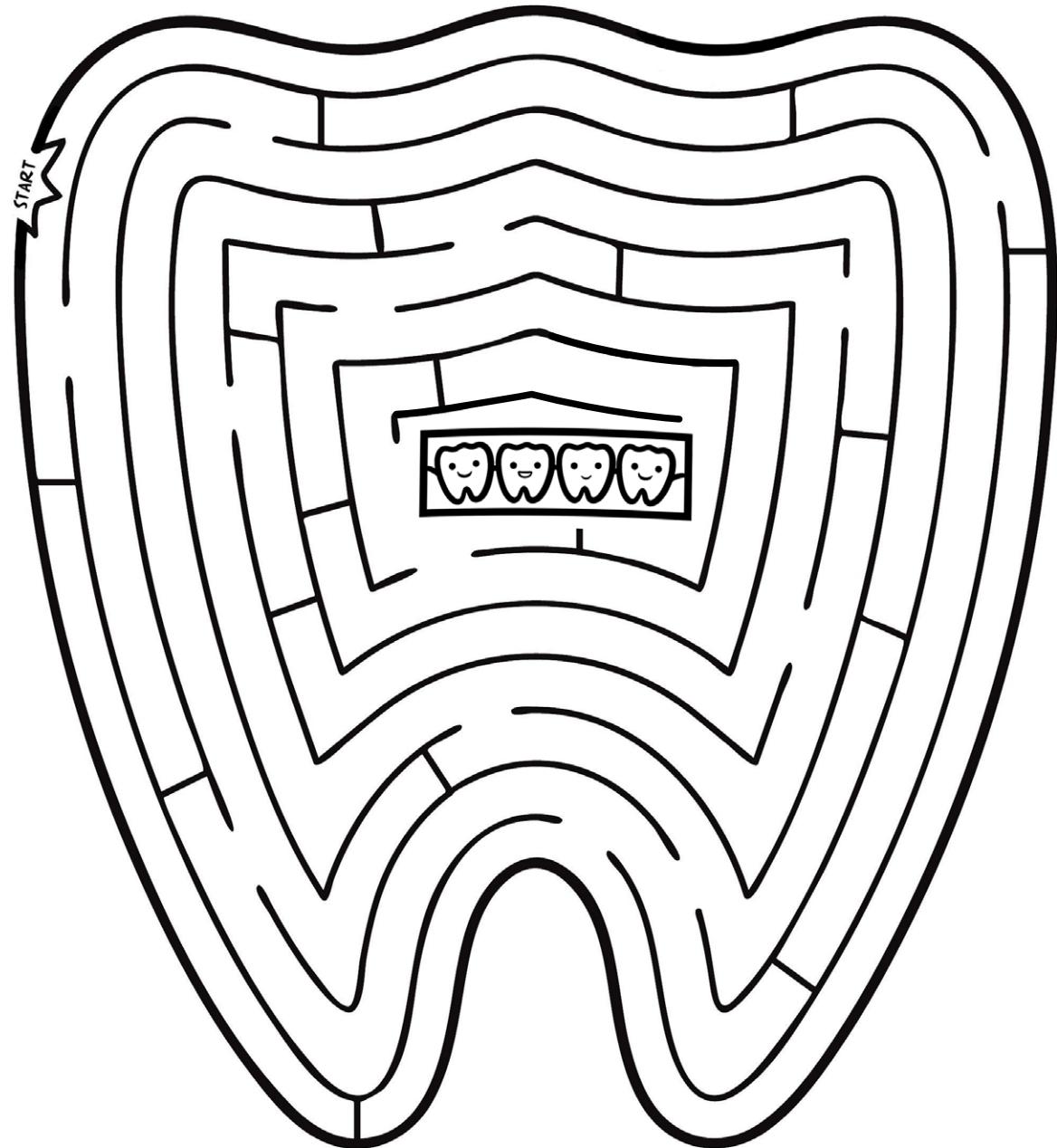


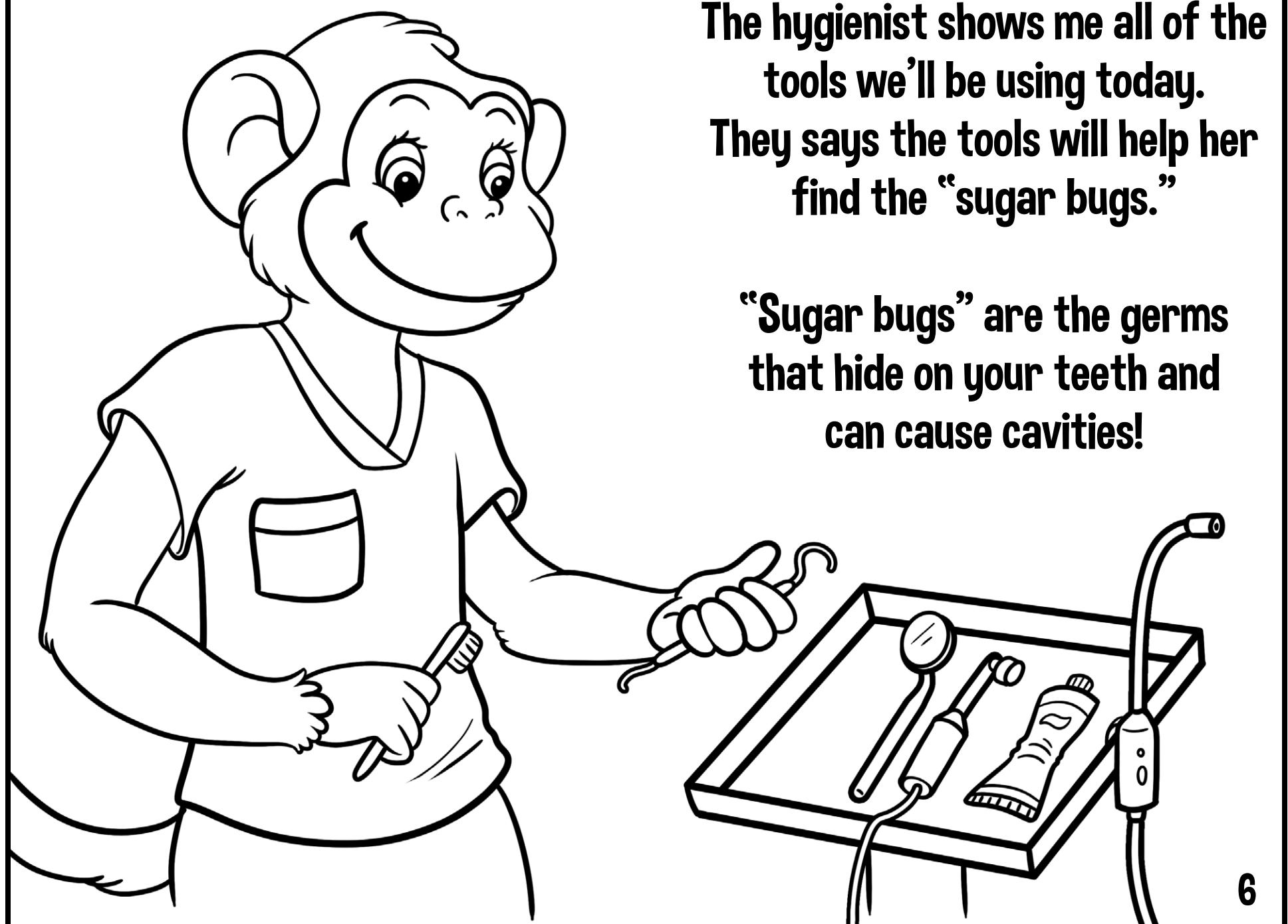
**Help me pick a pair!
Draw sunglasses on me.**





X-rays help the hygienist see your teeth better. Can you help the nurse take the picture by finding your way through the maze?

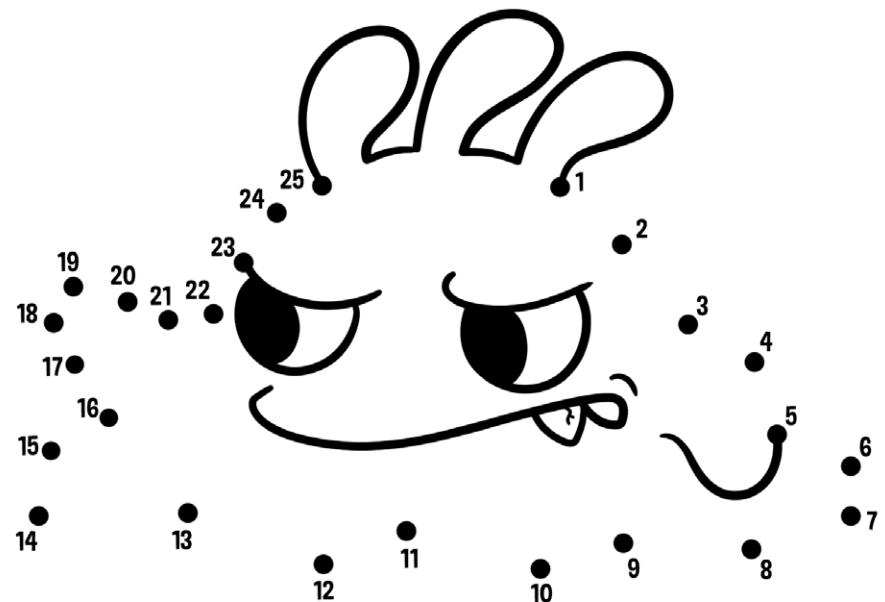
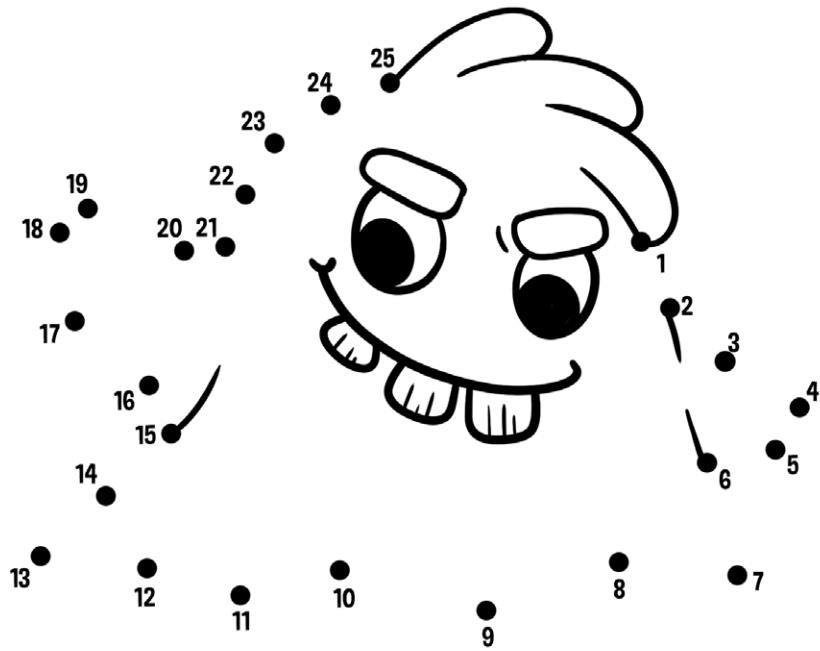




The hygienist shows me all of the tools we'll be using today. They says the tools will help her find the "sugar bugs."

"Sugar bugs" are the germs that hide on your teeth and can cause cavities!

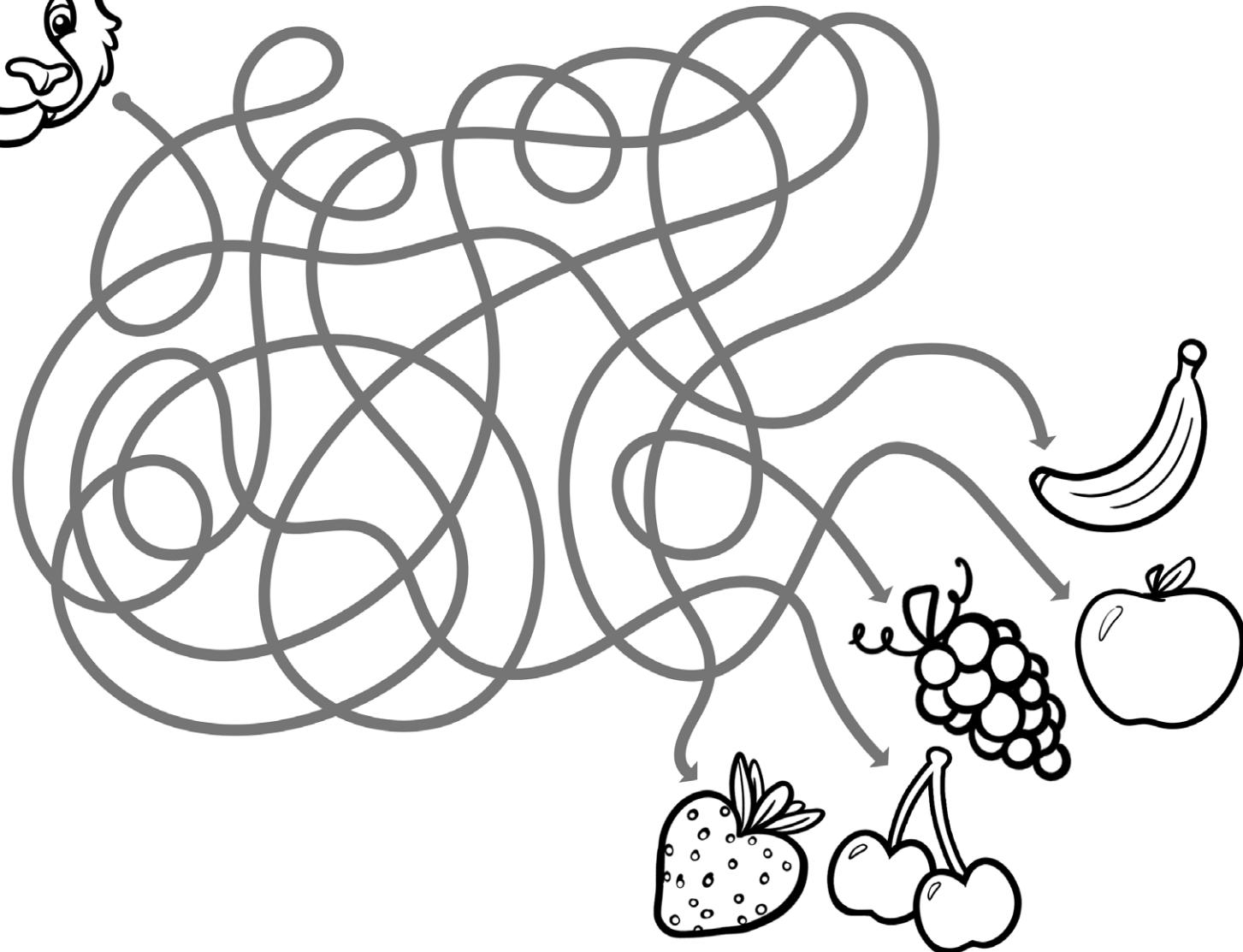
**Cavities can make your teeth hurt,
so that's why we need to brush our teeth.**



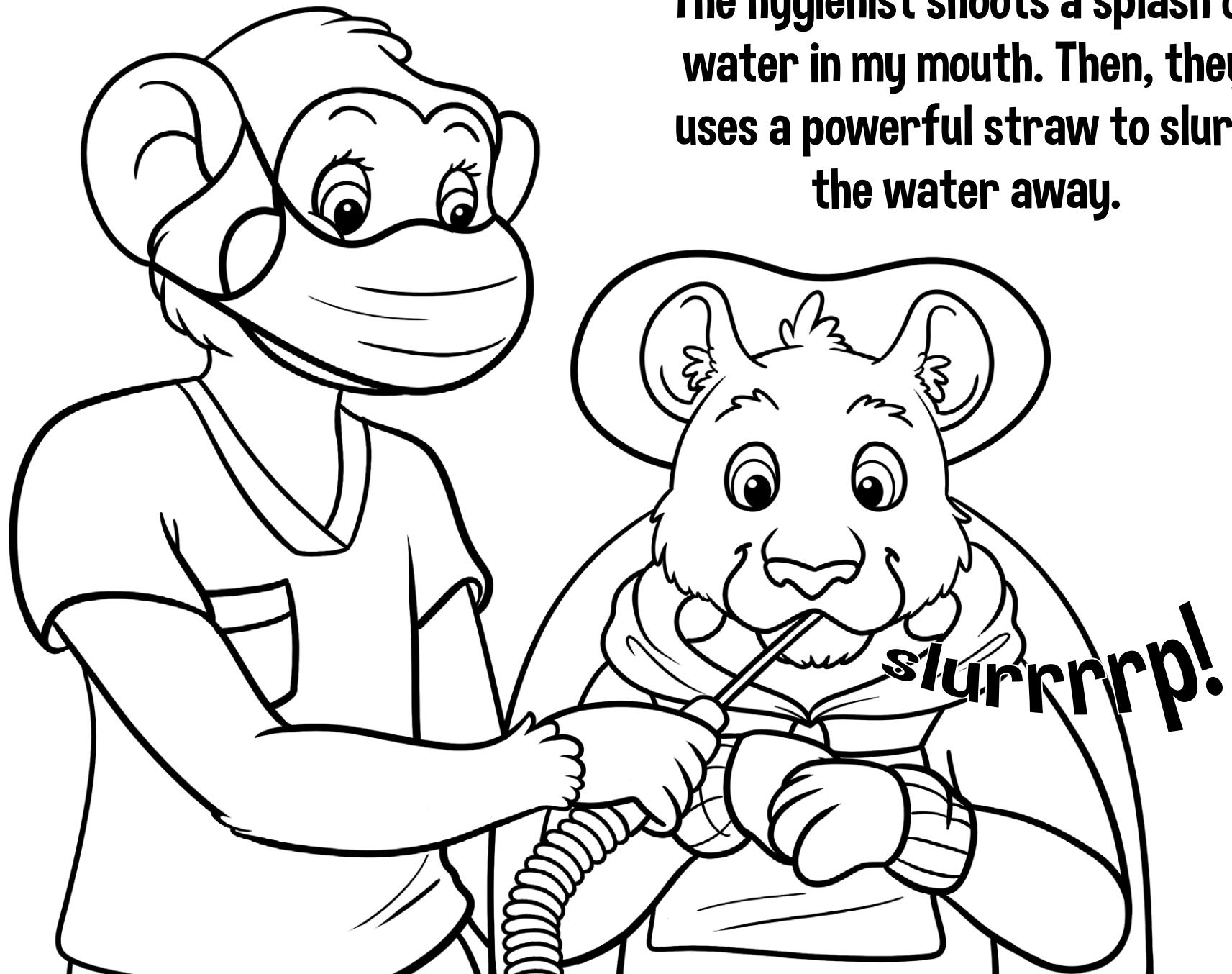
Connect the dots to find the sugar bugs!



**It's time to brush my teeth.
What toothpaste flavor will I pick?**



The hygienist shoots a splash of water in my mouth. Then, they uses a powerful straw to slurp the water away.





**Once my teeth are clean,
it's Dr. Bear's turn to see me.**

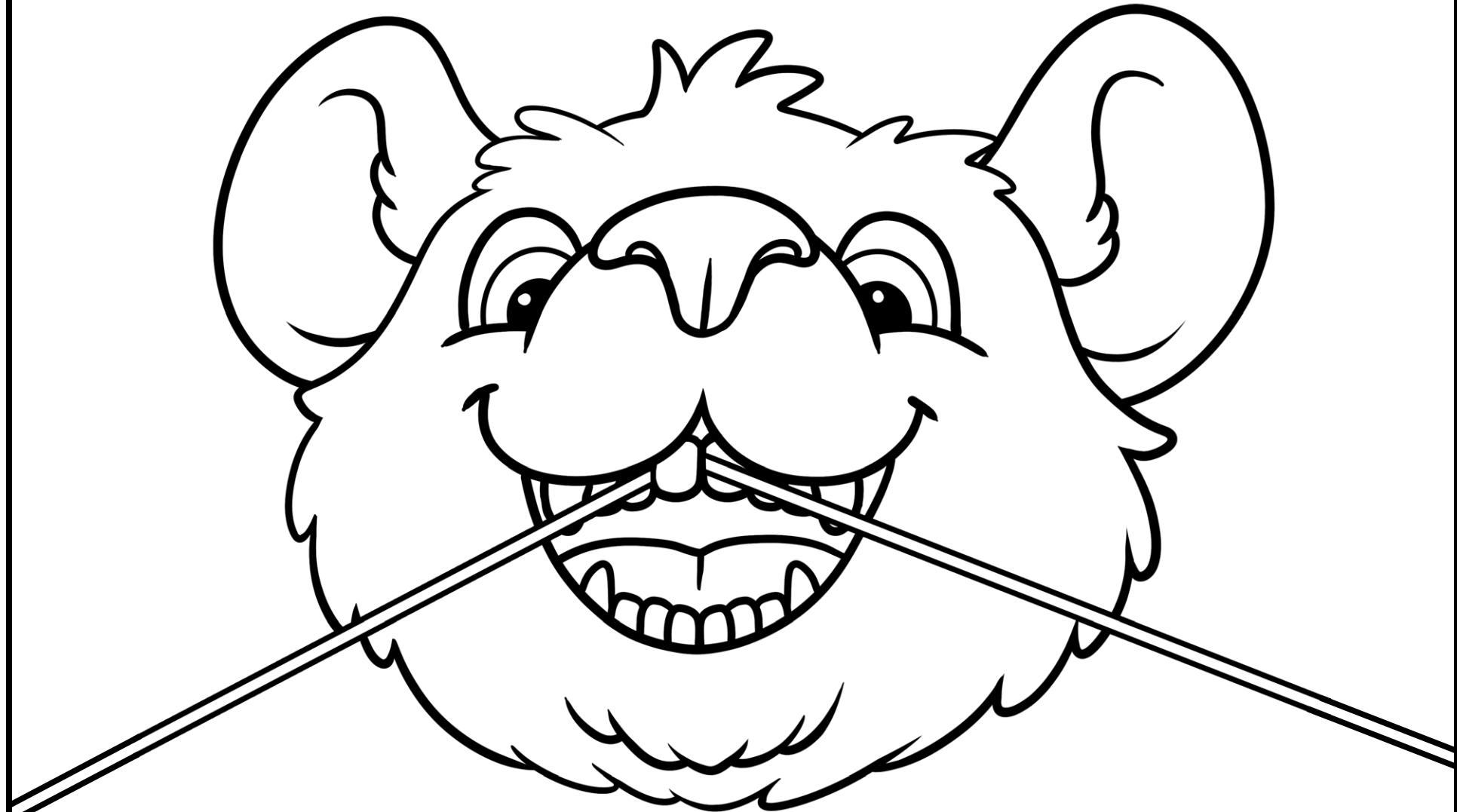
**Dr. Bear is really kind and always
makes sure I'm not scared.**

**Dr. Bear holds
the little mirror
and says,**

**"Let's count
how many teeth
you have."**



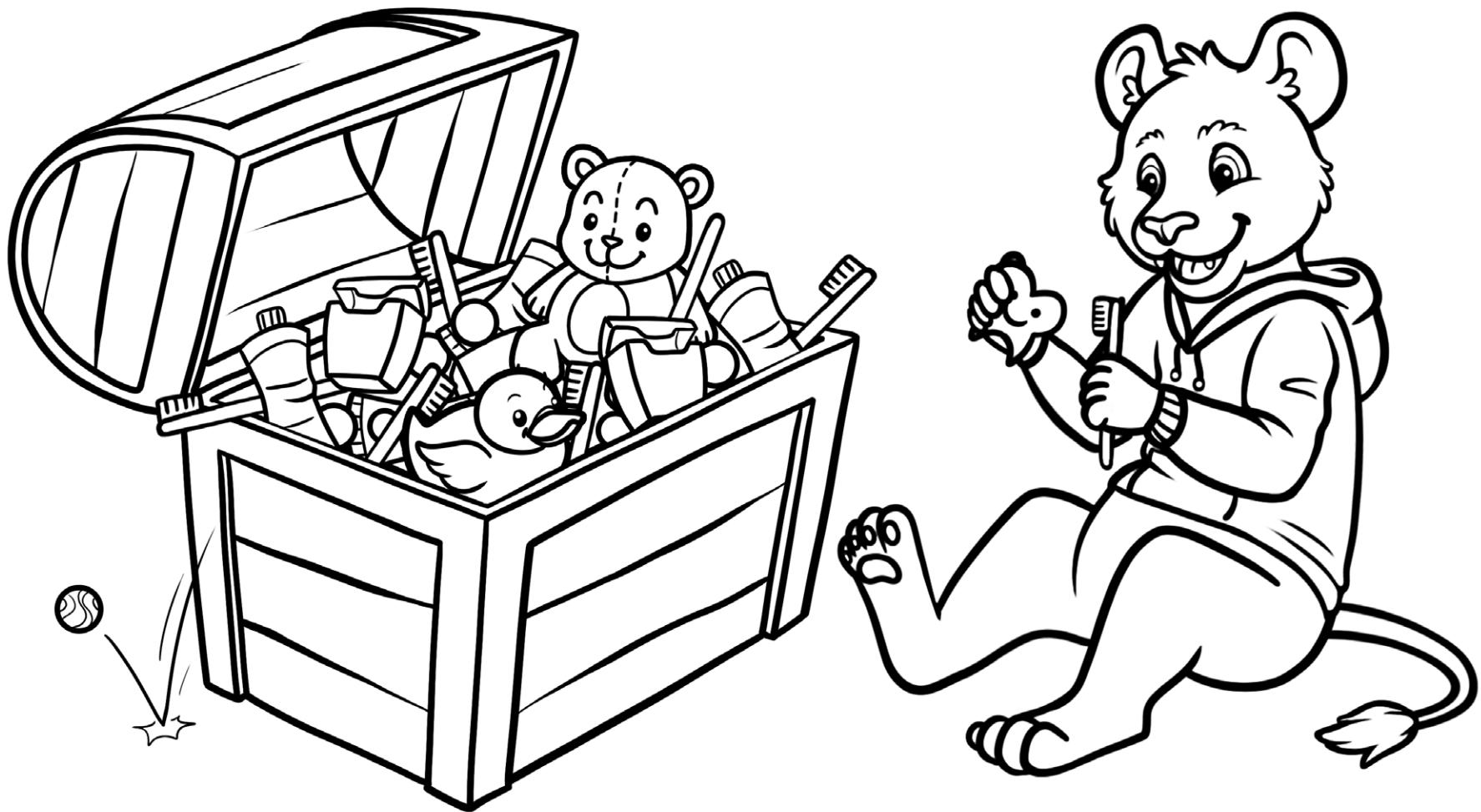
**Sugar bugs are sneaky and like to hide between teeth
to cause cavities, so Dr. Bear shows me how to floss.**



My teeth feel squeaky clean now!

Dr. Bear gives me a new toothbrush and toothpaste so I can keep my teeth clean at home.

"You did a great job keeping your mouth open and sitting still, so you can have your prize from the treasure chest." Dr. Bear says.



**Today was a great day. Thank you, Dr. Bear,
for keeping my teeth healthy!**

